

Appendix III

PERFORMANCE MANAGEMENT REPORT, FROM 1ST OCTOBER 2025 TO 31ST JANUARY 2026 SPORTS DEVELOPMENT UPDATE

Community Development

The Sport and Active Lifestyle team has supported 96 clubs during this period including Newark Tennis Club, Blidworth Bowls Club, Blidworth Cricket Club, Grove Squash Club, Newark Roses (netball) and Ollerton Town Football Club.

Grove Squash Club were successfully accessed funding from the County Council Divisional Fund and the EEM grant, enabling social squash sessions to continue and Southwell Squash Club began their weekly after-school enrichment programme for young people from Minister School.

Sports clubs based at Blidworth Miners Welfare continue to be supported alongside CISWO, NSDC officers and the welfare charity to implement individual club lease documents. Whilst the progress is gradual, work is continuing to move forward positively, and implementing lease agreements will allow the clubs to access significant amounts of funding to improve their facilities and enable more people to be physically active.

Sherwood based sports clubs continue to work towards accessing the community facilities at Dukeries Academy. Further support has been offered to keep facilities open and available for local clubs and groups to access, however is an ongoing challenge.

There were 11 sports grants awarded during the period for activities including basketball, tennis, rugby, american flag football, sailing, and formation skydiving. Coach and official development applications supported junior coaching and officiating in Southwell, Newark, and surrounding villages, and club development grants are facilitating the establishment of new sessions, including a disability-focused offer and expanded capacity to attract members from a broader age range.

Talented Individual	Coach and Official Development	Club Development	Community Engagement
5	5	2	0

Online sports grant forms are now live and accessible on the Active4Today website. This much needed development will allow for forms to be completed using a mobile phone, tablet, laptop or computer at any time of the day or night.

Officers collaborated with partners such as NSDC, Nottinghamshire County Council Young People's Centres, Portland College, Walk Notts, and Newark Museum to support engagement with targeted groups in leisure centres and the community. They also worked with RideWise to extend the Exercise Referral scheme and pilot initiatives promoting active travel to school, forming the basis of a funding bid to Active Travel England.

Several staff completed a multi-skills coaching qualification, with sessions hosted at Dukeries Leisure Centre by Coach Core.

The Active Lifestyles Assistant was nominated for Coach Core's 'Apprentice of the Year' award and has been shortlisted as a finalist for the presentation and awards event in February in London, after finishing the Level 3 Community Health and Sport Officer apprenticeship.

The team promoted their work during December and early January with the annual 'Let's Celebrate' campaign on Facebook and TikTok, targeting people aged 13-50 and highlighting the range of sessions, initiatives, and programmes from 2025.

Active and healthy lifestyles

The Sport and Active Lifestyles team were delighted to grant 8 DWP bursaries and 12 Young People’s Mental Health bursaries during this period. These bursaries support targeted residents of Newark and Sherwood to improve their confidence, mental and physical health alongside receiving professional support from partners to improve their overall wellbeing and future opportunities.

During this period, 140 exercise referrals were received from partners, with 94 joining the scheme. There were 85 participants that successfully completed their referral membership and 65 subsequently converted to a full Active membership. A new referral instructor has been trained and recruited to work across NSFC and SLC, which increases capacity and access to the Exercise Referral scheme. In addition, 3 Care Leaver membership referrals were made during this period, with 1 individual joining the one-year free membership.

Corporate engagement remained positive during this period with 136 new corporate memberships recorded. The Active Lifestyle Officer’s attendance at Newark Business Club meetings supported 15 new workplaces to engage in Active4Today’s workplace health and wellbeing initiatives.

A new tiered Corporate Membership Programme (Bronze, Silver and Gold) has been developed for launch in April 2026, offering a structured range of benefits including discounted memberships, tailored wellbeing support, workplace activity sessions, and enhanced health promotion services.

During this period the team has continued to develop partnerships and attend community events including,

Event	Information delivered	Engagement
SLC Community Marketplace	Local service information	25 residents 12 partners
N&S, NHS Staff - Protected Learning Time	A4T Exercise Referral Corporate memberships	11 NHS employees 6 referral partners
Winter Wellness Events	Health and wellbeing advice. 3-day guest passes	25 individuals
Mid-Notts, Age UK - Connect	A4T Exercise Referral	12 service delivery workers
DWP, Older Workers Job and Welfare Fair	Health and wellbeing DWP Bursary	34 individuals

Inclusion

Funding was formally received from the Office of Police and Crime Commissioners for the Positive Pathways project in December. Session delivery began in January with engagement taking place at Hawtonville Young People’s Centre, Magnus Academy and Dukeries Leisure Centre. Partners including NCC Youth Service workers have supported non-contact boxing, social football and basketball sessions engaging 27 unique individuals in the first 4 sessions.

Active4Today ran a programme of holiday activities at NSFC, DLC, and SLC in October and December, with CAMHS, Mental Health Support Team joining sessions at SLC to offer mental health information and support to participants and parents. Sports Camps during October and December were supported by 1 volunteer at Newark Sport and Fitness Centre.

HOLIDAY PERIOD	SESSION TYPE							
	Free sessions		Sports Camps	Family Sports	Mini Gymnastics/ Trampoline	Total wet side	Total dry side	Total visits
	Pool	Sports						
October	133	7	58	39	4	625	108	733
Christmas	92	7	24	8	1	498	40	538

During this period the team attended events including careers fairs, assemblies, presentations and mock interviews, at 5 district-based schools and colleges to promote the VISPA programme. These events engaged 89 people in meaningful conversations about volunteering with 22 applications subsequently received.

The team attended the Future First Careers Expedition in November, which was successful in raising awareness of Active4Today’s volunteer offer. A short video clip composed by the Sport and Active Lifestyle team during the event achieved 4,454 viewers on the company’s TikTok page.

The team collaborated with Boccia England to develop inclusive boccia sessions in Ollerton, with the National Governing Body providing free Level 1 coaching – successfully completed by 3 staff members, and equipment for staff to access. Since January, service users and carers from Pathfinders, Ollerton have been attending the free weekly social boccia sessions provided by the Sport and Active Lifestyles team. These sessions have been further supported by a coach from Nottinghamshire Boccia Club to ensure a pathway from social to competitive boccia is available.

Following participation in the NSDC Life Chances for Women and Girls working group, the team has begun to analyse local and national data alongside the current leisure centre and community sport offer for women and girls. This analysis identifies gaps in provision, target age groups, opportunities for partnership working and areas where additional female focused promotion is needed.

During this period, team members have attended 9 events including Your CVS Funding Fair, Mencap Activity Conference and Connected Communities – Championing Boys. These events have engaged 54 people whilst celebrating inclusive sport and providing an opportunity to learn and share best practice whilst engaging with potential new partners.